



**Bishop Auckland Parish**

**St Andrew's + St Anne's**



**Worship at Home**

At this time of uncertainty as the whole world responds to the Covid-19 pandemic, now as always, we need to pray.

The following services of Morning and Night Prayer have formed part of the Anglican tradition of worship for hundreds and years. We have also provided an additional service to be used on Sunday morning, and a variety of prayers that have been collated by the Church of England.

I hope that you find these liturgies helpful, because although we can not physically meet, these same words will be being shared by many other Christians across our country and whole world.

More materials can be found on our website ([www.baparish.church](http://www.baparish.church)) and that of the Church of England ([www.churchofengland.org](http://www.churchofengland.org)). If you do not have access to the internet, please contact the Parish Office (01388 604397) so that we can continue to support you.

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## Morning Prayer

*You may wish to light a candle and have some reflective music playing in the background.*

The Lord is good, a strong refuge when trouble comes.  
God is close to those who trust in him.

*Nahum 1.7*

### **Opening Sentences**

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Pause for reflection as you offer the day to God.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

### **Bible Reading**

*You may wish to say Psalm 23 or another psalm here, such as Psalm 16 or Psalm 139.*

### **Psalm 23**

1 The Lord is my shepherd; ♦  
therefore can I lack nothing.

2 He makes me lie down in green pastures ♦  
and leads me beside still waters.

3 He shall refresh my soul ♦  
and guide me in the paths of righteousness for his name's sake.

4 Though I walk through the valley of the shadow of death, I will  
fear no evil; ☩  
for you are with me; your rod and your staff, they comfort me.

5 You spread a table before me in the presence of those who  
trouble me; ♦  
you have anointed my head with oil and my cup shall be full.

6 Surely goodness and loving mercy shall follow me all the days  
of my life, ♦  
and I will dwell in the house of the Lord for ever.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*You may wish to use the weekly pattern of short readings given below,  
or choose a passage of your own.*

### *Sunday Morning*

But now thus says the Lord, he who created you, O Jacob, he who  
formed you, O Israel: Do not fear, for I have redeemed you; I have called  
you by name, you are mine. When you pass through the waters, I will be  
with you; and through the rivers, they shall not overwhelm you; when  
you walk through fire you shall not be burned, and the flame shall not  
consume you. For I am the Lord your God, the Holy One of Israel, your  
Saviour. *(Isaiah 43.1-3a)*

### *Monday Morning*

‘Do not let your hearts be troubled. Believe in God, believe also in me.  
In my Father’s house there are many dwelling-places. If it were not so,  
would I have told you that I go to prepare a place for you? And if I go  
and prepare a place for you, I will come again and will take you to  
myself, so that where I am, there you may be also. And you know the  
way to the place where I am going.’ Thomas said to him, ‘Lord, we do  
not know where you are going. How can we know the way?’ Jesus said

to him, 'I am the way, and the truth, and the life. No one comes to the Father except through me. (*John 14.1-6*)

### *Tuesday Morning*

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you. (*Philippians 4.8-9*)

### *Wednesday Morning*

Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. (*Colossians 3.16,17*)

### *Thursday Morning*

You are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God. (*Ephesians 2.19-22*)

### *Friday Morning*

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. (*Romans 19.9-12*)

### *Saturday Morning*

He said to his disciples, 'Therefore I tell you, do not worry about your life, what you will eat, or about your body, what you will wear. For life is more than food, and the body more than clothing. Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and

yet God feeds them. Of how much more value are you than the birds! And can any of you by worrying add a single hour to your span of life? If then you are not able to do so small a thing as that, why do you worry about the rest? Consider the lilies, how they grow: they neither toil nor spin; yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, how much more will he clothe you—you of little faith! And do not keep striving for what you are to eat and what you are to drink, and do not keep worrying. For it is the nations of the world that strive after all these things, and your Father knows that you need them. Instead, strive for his kingdom, and these things will be given to you as well. (*Luke 12.22-31*)

## Prayers

Almighty and everlasting God,  
we thank you that you have brought us safely  
to the beginning of this day.  
Keep us from falling into sin  
or running into danger;  
order us in all our doings  
and guide us to do always  
what is righteous in your sight;  
through Jesus Christ our Lord. **Amen.**

Keep us, good Lord,  
under the shadow of your mercy  
in this time of uncertainty and distress.  
Sustain and support the anxious and fearful,  
and lift up all who are brought low;  
that we may rejoice in your comfort  
knowing that nothing can separate us from your love  
in Christ Jesus our Lord. **Amen.**

## The Lord's Prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

## The Conclusion

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life. **Amen.**

Let us bless the Lord.  
**Thanks be to God.**

## Night Prayer

*You may wish to light a candle and have some reflective music playing in the background.*

The eternal God is your refuge,  
and underneath are the everlasting arms.  
Deuteronomy 33.27

### Opening Sentences

The Lord almighty grant us a quiet night  
and a perfect end. **Amen.**

Our help is in the name of the Lord  
**who made heaven and earth.**

*Pause and reflect on the day that is past.*

Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.

### Bible Reading

*You may wish to say here the psalm given below, or Psalm 27, or another chosen psalm.*

#### Psalm 91

1 Whoever dwells in the shelter of the Most High ♦  
and abides under the shadow of the Almighty,

2 Shall say to the Lord, 'My refuge and my stronghold, ♦  
my God, in whom I put my trust.'

3 For he shall deliver you from the snare of the fowler ♦  
and from the deadly pestilence.



4 He shall cover you with his wings and you shall be safe under his feathers; ♦  
his faithfulness shall be your shield and buckler.

5 You shall not be afraid of any terror by night, ♦  
nor of the arrow that flies by day;

6 Of the pestilence that stalks in darkness, ♦  
nor of the sickness that destroys at noonday.

7 Though a thousand fall at your side and ten thousand at your right hand, ♦  
yet it shall not come near you.

8 Your eyes have only to behold ♦  
to see the reward of the wicked.

9 Because you have made the Lord your refuge ♦  
and the Most High your stronghold,

10 There shall no evil happen to you, ♦  
neither shall any plague come near your tent.

11 For he shall give his angels charge over you, ♦  
to keep you in all your ways.

12 They shall bear you in their hands, ♦  
lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; ♦  
the young lion and the serpent you shall trample underfoot.

14 Because they have set their love upon me, therefore will I deliver them; ♦  
I will lift them up, because they know my name.

15 They will call upon me and I will answer them; ♦

I am with them in trouble, I will deliver them and bring them to honour.

16 With long life will I satisfy them ♦  
and show them my salvation.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*You may wish to use one of the following short readings or choose a passage of your own.*

*Sunday Evening*

You, O Lord, are in the midst of us, and we are called by your name; leave us not, O Lord our God. (*Jeremiah 14.9*)

*Monday Evening*

Thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength. (*Isaiah 30.15*)

*Tuesday Evening*

Jesus said, 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. (*Matthew 11.28-end*)

*Wednesday Evening*

Humble yourselves under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. (*1 Peter 5.6,7*)

*Thursday Evening*

Jesus said, 'I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world!' (*John 16.33*)

### *Friday Evening*

God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep we may live with him. (*1 Thessalonians 5.9,10*)

### *Saturday Evening*

Jesus said, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.' (*John 8.12*)

## **Prayers**

Merciful God,  
we entrust to your unfailing and tender care this night  
those who are ill or in pain,  
knowing that whenever danger threatens  
your everlasting arms are there to hold us safe.  
Comfort and heal them,  
and restore them to health and strength;  
through Jesus Christ our Lord. **Amen.**

Be present, O merciful God,  
and protect us through the silent hours of this night,  
so that we who are wearied  
by the changes and chances of this fleeting world,  
may rest upon your eternal changelessness;  
through Jesus Christ our Lord. **Amen.**

Visit this place, O Lord, we pray,  
and drive far from it the snares of the enemy;  
may your holy angels dwell with us in peace,  
and may your blessing be always upon us;  
through Jesus Christ our Lord. **Amen.**

## The Lord's Prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

## The Conclusion

In peace we will lie down and sleep;  
**for you alone, Lord, make us dwell in safety.**

The Lord bless us and watch over us;  
The Lord make his face to shine upon us and be gracious to us;  
The Lord look kindly upon us and give us peace. **Amen.**

## Prayer on Sunday

### **OPENING PRAYERS**

This is the day that the Lord has made.  
Let us rejoice and be glad in it.

We join together, scattered yet one, in the name of Christ  
to offer our praise and thanksgiving,  
to hear and receive God's holy word,  
to pray for the needs of the world,  
and to seek the forgiveness of our sins,  
that by the power of the Holy Spirit  
we may give ourselves to the service of God.

### **CONFESSION AND ABSOLUTION**

Jesus says, 'Repent, for the kingdom of heaven is close at hand.' So let  
us turn away from our sin and turn to Christ, confessing our sins in  
penitence and faith.

**Lord God,  
we have sinned against you;  
we have done evil in your sight.  
We are sorry and repent.  
Have mercy on us according to your love.  
Wash away our wrongdoing and cleanse us from our sin.  
Renew a right spirit within us  
and restore us to the joy of your salvation;  
through Jesus Christ our Lord. Amen.**

May the Father of all mercies  
cleanse *us* from *our* sins,  
and restore *us* in his image  
to the praise and glory of his name,  
through Jesus Christ our Lord. **Amen.**

Blessed are you, Lord our God,  
creator and redeemer of all;

to you be glory and praise for ever.  
From the waters of chaos you drew forth the world  
and in your great love fashioned us in your image.  
Now, through the deep waters of death,  
you have brought your people to new birth  
by raising your Son to life in triumph.  
May Christ your light ever dawn in our hearts  
as we offer you our sacrifice of thanks and praise.  
Blessed be God, Father, Son and Holy Spirit:  
**Blessed be God for ever.**

## **THE WORD OF GOD**

*Please use the readings for the day – see separate sheet*

*The Benedictus (The Song of Zechariah) may be said or sung*

- 1 Blessed be the Lord the God of Israel, ♦  
    who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
    born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
    to save us from our enemies,  
        from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
    and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
    to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
    holy and righteous in his sight  
        all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦  
    for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦  
    by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
    the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace.

*Luke 1.68–79*

## **THE CREED**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.**

**On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.**

**Amen.**

## **PRAYERS**

*Intercessions are offered. You may use the following points as guidance. Set intercessions are offered on pages 19-21.*

- *The Church, including its response to the coronavirus outbreak (locally, nationally & globally)*
- *Our government, and all those with responsibility to deal with the current situation*
- *Medical services (doctors, nurses, carers)*
- *Those who are suffering isolation, anxiety, financial concerns*
- *Those who are continuing to work*
- *Those who are ill or mourning*

➤ *For yourself*

Gathering our prayers and praises into one,  
as our Saviour taught us, so we pray

**All Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

### **THE BLESSING**

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life.

**All Amen.**



## Prayers about the outbreak

Keep us, good Lord,  
under the shadow of your mercy  
in this time of uncertainty and distress.  
Sustain and support the anxious and fearful,  
and lift up all who are brought low;  
that we may rejoice in your comfort  
knowing that nothing can separate us from your love  
in Christ Jesus our Lord.

**Amen.**

Lord Jesus Christ,  
you taught us to love our neighbour,  
and to care for those in need  
as if we were caring for you.  
In this time of anxiety, give us strength  
to comfort the fearful, to tend the sick,  
and to assure the isolated  
of our love, and your love,  
for your name's sake.

**Amen.**

God of compassion,  
be close to those who are ill, afraid or in isolation.  
In their loneliness, be their consolation;  
in their anxiety, be their hope;  
in their darkness, be their light;  
through him who suffered alone on the cross,  
but reigns with you in glory,  
Jesus Christ our Lord.

**Amen.**

## **For those who are ill**

Merciful God,  
we entrust to your tender care  
those who are ill or in pain,  
knowing that whenever danger threatens  
your everlasting arms are there to hold them safe.  
Comfort and heal them,  
and restore them to health and strength;  
through Jesus Christ our Lord.

**Amen.**

## **For hospital staff and medical researchers**

Gracious God,  
give skill, sympathy and resilience  
to all who are caring for the sick,  
and your wisdom to those searching for a cure.  
Strengthen them with your Spirit,  
that through their work many will be restored to health;  
through Jesus Christ our Lord.

**Amen.**

## **From one who is ill or isolated**

O God,  
help me to trust you,  
help me to know that you are with me,  
help me to believe that nothing can separate me  
from your love  
revealed in Jesus Christ our Lord.

**Amen.**

## **For the Christian community**

We are not people of fear:  
we are people of courage.  
We are not people who protect our own safety:  
we are people who protect our neighbours' safety.  
We are not people of greed:  
we are people of generosity.  
We are your people God,  
giving and loving,

wherever we are,  
whatever it costs  
For as long as it takes  
wherever you call us.

*Barbara Glasson, President of the Methodist Conference*

## Intercessions

### SET A

Let us pray to God,  
who alone makes us dwell in safety:  
For all who are affected by coronavirus,  
through illness or isolation or anxiety,  
that they may find relief and recovery:  
Lord, hear us,  
**Lord, graciously hear us.**

For those who are guiding our nation at this time,  
and shaping national policies,  
that they may make wise decisions:  
Lord, hear us,  
**Lord, graciously hear us.**

For doctors, nurses and medical researchers,  
that through their skill and insights  
many will be restored to health:  
Lord, hear us,  
**Lord, graciously hear us.**

For the vulnerable and the fearful,  
for the gravely ill and the dying,  
that they may know your comfort and peace:  
Lord, hear us,  
**Lord, graciously hear us.**

We commend ourselves, and all for whom we pray,  
to the mercy and protection of God.

Merciful Father,

**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## **SET B**

Let us pray to the Lord,  
who is our refuge and stronghold.  
For the health and well-being of our nation,  
that all who are fearful and anxious  
may be at peace and free from worry:  
Lord, hear us,  
**Lord, graciously hear us.**

For the isolated and housebound,  
that we may be alert to their needs,  
and care for them in their vulnerability:  
Lord, hear us,  
**Lord, graciously hear us.**

For our homes and families,  
our schools and young people,  
and all in any kind of need or distress:  
Lord, hear us,  
**Lord, graciously hear us.**

For a blessing on our local community,  
that our neighbourhoods may be places of trust and friendship,  
where all are known and cared for:  
Lord, hear us,  
**Lord, graciously hear us.**

We commend ourselves, and all for whom we pray,  
to the mercy and protection of God.

Merciful Father,

**accept these prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ.**

**Amen.**

## Prayers with children

### **A prayer for when a friend is ill**

Dear God, (*name of friend*) is ill.

They are not allowed to go to school or come over to play.

I'm sad because I miss them.

They must be feeling miserable and lonely as well.

Please be close to them.

Please be with the people who are looking after them.

Please help them to get better and to know that you love them.

**Amen.**

### **A prayer for the world**

God of love and hope,

you made the world and care for all creation,

but the world feels strange right now.

The news is full of stories about Coronavirus.

Some people are worried that they might get ill.

Others are anxious for their family and friends.

Be with them and help them to find peace.

We pray for the doctors and nurses and scientists,  
and all who are working to discover the right medicines  
to help those who are ill.

Thank you that even in these anxious times,  
you are with us.

Help us to put our trust in you and keep us safe.

**Amen.**

## A prayer at bedtime

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

Tonight we pray especially for *(names family or friends who are affected by Coronavirus)* and the people of *(country or place which is affected by Coronavirus)*.

Please give skill and wisdom to all who are caring for them.

**Amen.**

## A prayer remembering God is with us

Lord God, you are always with me.

You are with me in the day and in the night.

You are with me when I'm happy and when I'm sad.

You are with me when I'm healthy and when I am ill.

You are with me when I am peaceful and when I am worried.

Today I am feeling *(name how you are feeling)* because *(reasons you are feeling this way)*.

Help me to remember that you love me and are with me in everything today.

**Amen.**

## Personal prayers

Lord Jesus Christ, you said to your disciples,  
'I am with you always'.

Be with me today, as I offer myself to you.

Hear my prayers for others and for myself,  
and keep me in your care.

Christ be with me, Christ within me,

Christ behind me, Christ before me,

Christ beside me, Christ to win me,

Christ to comfort and restore me.

Christ beneath me, Christ above me,

Christ in quiet, Christ in danger,

Christ in hearts of all that love me,  
Christ in mouth of friend and stranger.

*from St Patrick's Breastplate*

I am giving you worship with all my life,  
I am giving you obedience with all my power,  
I am giving you praise with all my strength,  
I am giving you honour with all my speech.  
I am giving you love with all my heart,  
I am giving you affection with all my sense,  
I am giving you my being with all my mind,  
I am giving you my soul, O most high and holy God.  
Praise to the Father,  
Praise to the Son,  
Praise to the Spirit,  
The Three in One.

*adapted from Alexander Carmichael,  
Carmina Gadelica (1900)*

Lord Jesus Christ,  
Son of the living God,  
have mercy on me, a sinner.

*The Jesus Prayer*

O God, the protector of all who trust in you,  
without whom nothing is strong, nothing is holy:  
increase and multiply upon us your mercy;  
that with you as our ruler and guide,  
we may so pass through things temporal  
that we lose not our hold on things eternal;  
through Jesus Christ our Lord.

*Common Worship*

Be with us, Lord, in all our prayers,  
and direct our way toward the attainment of salvation,  
that among the changes and chances of this mortal life,

we may always be defended by your gracious help,  
through Jesus Christ our Lord.

*Common Worship*

O gracious and holy Father,  
give us wisdom to perceive you,  
diligence to seek you,  
patience to wait for you,  
eyes to behold you,  
a heart to meditate upon you,  
and a life to proclaim you,  
through the power of the spirit  
of Jesus Christ our Lord.

*St Benedict*

**Before going to sleep**

God our Father, by whose mercy  
the world turns safely into darkness and returns again to light:  
we place in your hands our unfinished tasks,  
our unsolved problems, and our unfulfilled hopes,  
knowing that only what you bless will prosper.  
To your love and protection  
we commit each other and all those we love,  
knowing that you alone are our sure defender,  
through Jesus Christ our Lord.

*Church of South India*